

1 Timothy 4

Memory Verse 1 Timothy 4: 7b-8 On the other hand, discipline yourself for the purpose of godliness; for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and *also* for the *life* to come.

Begin with prayer. Ask the Lord to speak to you through His Holy Spirit. Use your Bible for the answers.

Day 1 ***Discover the information***-Read all of 1 Timothy, chapter 4.

Read 1 Tim4:1-3

1. What does it mean to fall away from the faith? See also Rev 2:4

2. According to verses 1 and 2, what are some of the ways the enemy tries to lead Christians astray? See also 2Pet 2:1-3.

3. What specific things were taught by these false teachers? vs 3

4. How can we guard our hearts and minds from false teaching? See Ps 119:9-11

5. Will you take time today to thank God for His Word and make a commitment to read it daily?

Day 2 Read 1 Tim 4:4-6

1. What reasoning does Paul give to contradict the false teachings mentioned in verse 3? vs 4,5

2. Read Acts 10:15 and 1 Cor 10:26. How do these verses support Paul's reasoning?

3. According to verse 6, what makes Timothy a good servant? Read Col 1:28 and explain why Paul said this.

4. What does Paul encourage Timothy to be doing constantly? vs 6

5. Read Jeremiah 15:16 and write it out below.

Day 3 Read 1 Tim 4:7-10

1. Using a dictionary or thesaurus, define “worldly”. What is its opposite? Do the same with the word “fable”

2. Read Col 3:1-3. As Christians, what are we to set our minds on? Why?

3. According to verses 7 and 8, what kind of discipline is the most profitable?

4. Read Hebrews 12:11 and write it out below. What is the result of discipline?

5. According to verse 10, what led Paul to labor and suffer for Christ? Have you placed your hope in the one true living God, the Savior of all?

Day 4 Read 1 Tim 4: 11-16

1. Look up the word example and write its meaning below. In what 5 areas was Timothy to be an example to the body of Christ? vs 12

2. What three things was Timothy to devote himself to in verse 13? Why are these important?

3. In verse 14, Paul what does Paul exhort Timothy NOT to do? Why? See also 1 Peter 4:10-11

4. What were the reasons that Timothy was to be careful to practice what was taught? Is this something we should be careful about as well? vs 16

Day 5 *Personal Application*

Our Bible study is not over until we apply what we have learned to our everyday lives. And lest we underestimate the value of this last step, remember that in God's eyes it is the person who does not just know His Word, but also obeys His Word that truly loves Him (see John 14:21).

1. What part of the lesson stood out most to you and why?
2. What area of your life has been most affected by what you've learned this week?
3. After praying to God for conviction and insight, what concrete changes do you feel you should make this week?
4. What exactly will you do differently this week than last week—get specific and be realistic!
5. Is there someone you know who needs to hear the truths you have learned this week? Will you pray and ask the Lord for boldness and love to share it with that individual?

Be prepared to share the memory verse with your group.